



Menu Week Two

Monday

AM Snack

Berry Yogurt
Fruit

Drink

Water

Lunch

Creamy Chicken
Stew with Egg
Noodles
Fruit
Milk

Drink

Infant/toddler
(Sub for salad)

PM Snack

Toasted Bagels
Cream Cheese
Fruit

Drink

Water

Tuesday

Oatmeal muffins
Fruit

Water

Beefaroni
Garden Salad

Fruit
Milk

Cooked Vegetables

Nachos & Salsa
& raw veggie
Infants- Pita & Salsa
Fruit

Water

Wednesday

Hard Boiled eggs
English Muffins
Banana

Water

Potato &
Cheese
Soup
Melba toast
Fruit
Milk

Seasonal Veggies
& Dip

Water

Thursday

Toasted
Cinnamon
Bread
Fruit

Water

Pizza Casserole
Caesar Salad

Fruit
Milk

Cooked Vegetables

Apple Crisp
Fruit

Water

Friday

Whole Grain
Cereal
Fruit

Water

Lemon Herb Sole
Potatoes
Peppers
Fruit
Milk

Seasonal Fruit &
Cookies

Water