



Menu Week Three

Monday

AM Snack

Berry Yogurt
Fruit

Drink

Water

Lunch

Baked Alfredo
Pasta

Caesar Salad
Fruit

Drink

Milk

Infant/toddler
(Sub for salad)

Cooked Vegetables

PM Snack

Marble Cheese
& Crackers

Drink

Water

Tuesday

Toasted Bagels
& Cream cheese
Fruit

Water

Asian Beef
& Broccoli

Brown Rice
Fruit

Milk

Graham
Crackers
Bananas

Water

Wednesday

Hard Boiled Eggs
English Muffins
Banana

Water

Mac &
Cheese
& mix veggies

Fruit

Milk

Veggies & Dip

Water

Thursday

Muffins and
Fruit

Water

Black Forest
Ham
Wraps
Raw Vegetables &
Dip
Fruit

Milk

Cooked Vegetables

Ham Salad on a
Rice Cracker

Water

Friday

Whole Grain Cereal
Fruit

Water

BBQ Chicken
Roasted Vegetables

& Potatoes
Fruit

Milk

Seasonal Fruit & Cookies

Water