



**Menu Week One**

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**AM Snack**

Berry Yogurt  
Fruit

Carrot Muffins  
Fruit

Scrambled Eggs  
with Spinach & Cheese

Toasted English  
Muffins with Apple  
Butter

Whole Grain Cereal  
Seasonal Fruit

Drink

Water

Water

Water

Water

Water

**Lunch**

Hamburger Stew  
with Potatoes & Vegetables  
Crackers  
Fruit

Chicken Tacos  
Cheese, Lettuce  
Salsa, Sour Cream  
Fruit

Chicken burger  
Garden Salad  
Fruit

Beef Vegetable Stirfry  
Rice  
Fruit

Meatballs & Pasta  
Ceasar Salad  
Garlic Bread  
Fruit

Drink

Milk

Milk

Milk

Milk

Milk

**Infant/toddler**

**(Sub for salad)**

Cooked Veggies

Cooked Veggies

**PM Snack**

Seasonal Vegetables  
with Dip

Baked Spiced Pears

Carrot Raisin Muffins

Marble Cheese &  
Crackers

Seasonal Fruit  
& Cookies

Drink

Water

Water

Water

Water

Water