



## Menu Week Four

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<u>AM Snack</u>	Berry Yogurt Fruit	Apple Sauce Graham Crackers	Hard Boiled Eggs English Muffins	Toasted Bagels Cream Cheese	Whole Grain Cereal Fruit
Drink	Water	Water	Water	Water	Water
<u>Lunch</u>	Spaghetti & meat Sauce Garden Salad Fruit	Chicken Tacos Cheese, Lettuce, Salsa Sour Cream Fruit	Creamy Butternut Squash Soup Garden Salad Fruit	Chicken Parmesan Pasta Garlic Bread Fruit	Sole Fish Parsley Vegetables & Potatoes Fruit
Drink	Milk	Milk	Milk	Milk	Milk
<u>Infant/toddler (Sub for salad)</u>	Cooked Vegetables		Cooked Vegetables		
<u>PM Snack</u>	Seasonal Veggies & Dip	Trail mix With Cranberries & Raisins	Nacho & Salsa	Avacado Chocolate Muffins	Seasonal Fruit & Cookies
Drink	Water	Water	Water	Water	Water

